

Safety F1rst Community Training Centre

'The Peoples Charity'



Safety First Community Training Centre Newsletter. – Autumn 2025

'Working for You'

Safety First Community Training Centre, reg charity no. 1128555 , believes that it is important to work with disadvantaged adults to increase their opportunities and benefit themselves and their families – we do this within our charitable objectives of;

1. Providing a focal point in the community where People can become involved in a range of activities including Education, Training, Recreation and Health projects.
2. To provide a response to particular problems identified by the Community and residents.



Asylum seekers and refugees There has been a large increase in the number in the number of unemployed adults attending the Centre , between 270 and 320 per week [this equates to between 13,500 and 16,000 adults over the year] Many of these are asylum seekers and refugees who access our food and clothing support and English [ESOL] classes . This year we have noticed an increase in Kurdish, Farsi and Arabic speakers and speakers of African languages and whilst we are fortunate to enjoy fantastically diverse communities, we still need to bring in additional resources to meet the needs of all of our service users.

Wrap-around support Bradford Council have seen the benefit of Safety First Community Training Centre and regularly refer people to us not only for our ESOL provision but for our energy support and food bank.

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ESOL activities : A Christmas bracelet

At Safety First ESOL activities take place throughout the year.

Lots of learning happens:

- Reading instructions
- Using scissors to cut out templates
- Applying glue and folding part A to part B



Lots of opportunity for developing social skills:

- Sharing tools and equipment
- Helping others who are having difficulty reading or following instructions
- Asking and answering questions – borrowing scissors and glue
- Having fun together
- Taking these new skills home and sharing these fun activities with their family and friends especially their children



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Centre Users Group

Our Centre Users group is made up of centre users who are able to 'feedback' to Safety First staff, volunteers and the Board about what is working, what could be better and suggestions for activities. Our user group committee meets quarterly and helps to inform what we do at the Charity to ensure that we have the right support for everyone

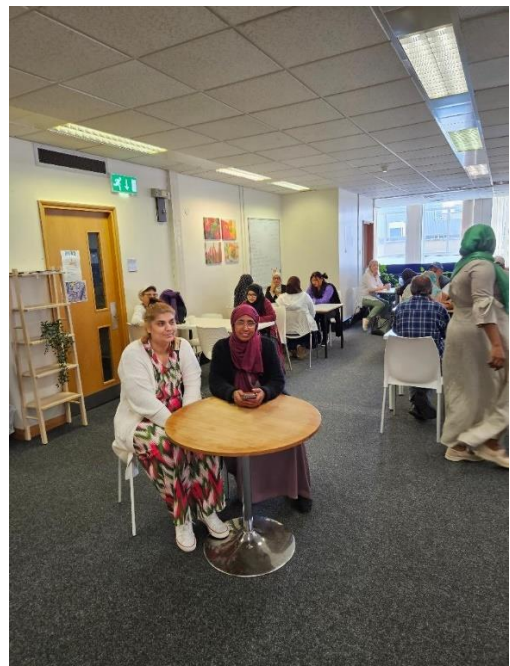


"Not just a café ! "

Our café area has lots of functions ;
in addition to providing free
refreshments it's a safe and friendly
place where people can come and meet.

Bradford Council provides some
Welcome Space and Warm Space
resource which helps us to bring diverse
groups together and reduce isolation.

"You're very Welcome"



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"You said "

"It would be good if there was more availability for Health and Wellbeing sessions "

"We did !"

Through Bradford District and Craven Health and Care Partnership support we were able to add another treatment room run by an experienced member of our Health and Wellbeing Team

Comments from health professionals;

"Patient feels motivated after receiving coaching and care"

"Patients mental health is much better than before".



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Mamoonah joined Safety First Community Training Centre as a student in 2018. She was very nervous at the beginning as everything was new to her.

'Team member in the Spotlight'

Mamoonah worked hard to gain all the skills and qualifications. She has done Functional Skills Entry Level 2 English, Functional Skills Entry Level 2 Maths and ICT Award in Digital Employability Entry 2. She has passed her G.C.S.E Maths Grade 8. She has also completed other Level 1 qualifications such as Employability Level 1, Customer Service Level 1, Mental Health awareness Level 1 and Alcohol awareness level 1. She has recently given G. C.S.E English exam and is awaiting result..

Mamoonah is a quick learner. She started volunteering with us in 2023 to gain work experience. She volunteered at Reception and picked up tasks allocated to her quickly. She was offered employment as a receptionist / admin support in April 2024 at Safety First CTC.

She has now had the training on Word, Excel and Google sheets and has become a valued member of the Safety First Team.

'Fantastic Funders'

This year we have received support from:

Brelms Trust
Inn Churches
Bradford Council
Bradford College
Local Community Support Fund
Citizens Advice – Energy Best Deal
The National Lottery Community Fund
Bradford District and Craven Health and Care Partnership
Garfield Weston Foundation
Good Things Foundation
Yorkshire Building Society
The VCS Alliance
Shipley College

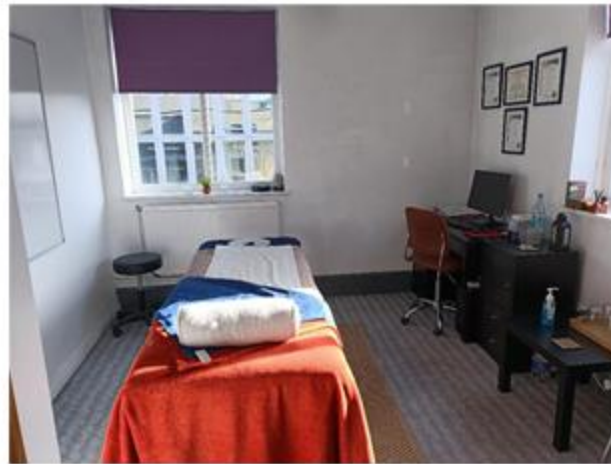
Thank you for your fantastic support

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Health and Wellbeing This year we have increased our Health and Wellbeing provision mainly supported by The National Lottery Community fund and NHS England . We have set up a referral partnership with Thornbury Health Hub and a partnership of ten Health Centres in Bradford East where co-ordinators and social prescribers refer adults with m.h. and other issues for face to face support.

Treatment room in our Health and Wellbeing suite



Comments from health professionals;

"Patient was very happy after receiving Holistic massage therapy "

"The therapy has really made a positive impact on the patients mood".

Successes @ Safety First

We have had our most successful year since we became registered as a charity 16 years ago. We are proud to be working with the National Lottery , Good Things Foundation, Bradford District and Craven Health Care Partnership, Citizens Advice, Bradford Council , Bradford College and Shipley College delivering much needed ICT, language and employment support to those who are furthest from the labour market.

We would like to say thank you to all of our supporters, you help us to make a big difference to so many people.

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Trustee Focus



In each newsletter we like to highlight one of our Board.

The Trustees don't get paid , they do this role purely voluntarily.



Medhat

Specialist area: Law

As a Trustee, my primary duty is to ensure the Centre's mission of providing high-quality training and education is continued. This involves strategic planning, overseeing financial health, and ensuring compliance with legal and regulatory requirements.

My journey from Egypt to England as a refugee, equipped with a Licence of Law from Egypt and an LLB First Class Hons from the University of Bradford, has deeply informed my understanding of the challenges faced by newcomers. Currently working at a leading law firm in Bradford, I am committed to leveraging my legal expertise and lived experiences to benefit the Centre.

Trustees must work collaboratively with the Centre's management team to set long-term goals, approve budgets, and monitor the implementation of programs that aim to enhance community safety.

My diverse professional background enables me to contribute effectively to governance and oversight, ensuring that the Centre not only adheres to its mission but also adapts to evolving community needs.

As a Trustee of the organisation, we uphold the highest standards of transparency and accountability. This involves not only adhering to the Centre's policies and ethical guidelines but also modelling these values in all interactions and decisions.

Whats on at Safety First Community Training Centre

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Activity/Programme	Day	Time	Staff
Employment support	Mon , Tues, Wed, Thurs	10 - 2pm	Paul
Digital Poverty (devices support)	Wed	Appointments only	Asad
Welcoming and Warm space Supported by Bradford Council	Tues & Thurs	10am -2pm	Staff & volunteers
Volunteering	Mon-Thurs	Check with Sarabjit	Sarabjit
ICT training and Digital support	Tues , Wed, Thurs	10am -2pm	Asad
Energy Outreach Programme	Tues & Thurs	Appointments only	Glenda, Sonia
Women's refuge support	Mon-Thurs	Anytime during the day	Staff Team and Health and Wellbeing
Holistic Therapy Health Centre Referrals only	Wed and Thurs	Appointment only	Health and Wellbeing Team
Literacy support	Tues	09.00-12.00	Sharon (volunteer)
Citizen advice appointments with YBS	Tues	09.00-12.00	Sarabjit , Glenda
I.A.G (Information, advice and guidance)	Start of the course Mid-course End of the course	Appointments only	Glenda, Sarabjit, Paul
SFCTC projects (Bridging the Gap, TNL, E.O.P)	Mon-Thurs	Various	Centre Staff
ESOL English for Speakers of Other Languages	Mon,Tues,Wed,Thurs	10am – 12 noon 12.30pm – 2.30pm	ESOL Tutors

Check with staff and on Centre notice boards for other courses delivered by Shipley College staff at the Safety First Community Training Centre which change termly.

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